

THE 22nd ANNUAL



5K – 10K – 1 Mile Fun Run

Registration: 7:00am – Races begin: 8:00
Fun Run begins upon completion of 5K and 10K
Awards after all times have been calculated

OCTOBER 14, 2017

REGISTRATION: Early registration postmarked on or before October 9, 2017 is \$17.00 for 5K and 10K. Early registration for 1 Mile Fun Run is \$7.00. Race day registration \$3.00 will be added for all races. Any additional shirts will be \$7.00 per shirt. Registration tables will be set up in the gym of the McDowell County Parks and Recreation Department with information about the races there.

COURSE: A map of each course is available at the McDowell County Parks and Recreation Department. You may call 828-652-3001 for further information.

AWARDS: 1st place overall Male and Female for 5K and 10K will be \$50.00. Grand trophies for 1st and 2nd overall male and female for 5K and 10K. Trophies for the top three (3) finishers in each age group for male and female will be awarded. Trophies for top three finishers, under age 13 in the Mile Fun Run will be awarded.

AGE GROUPS: (Male and Female) 13 & Under, 14-19, 20-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70 & Over

**MAKE CHECKS PAYABLE TO: McDOWELL COUNTY PARKS AND RECREATION
25 ACADEMY STREET
MARION, NC 28752
828-652-3001**

_____ *Cut and send in bottom portion with your entry fee* _____

Your Name: _____ Age: _____ Sex: _____ DOB: _____

Address: _____

City/State/Zip _____ Telephone: _____

RACE ENTERING: (CIRCLE ONE) 10K 5K 1 MILE FUN RUN

SHIRT SIZE: S M L XL 2XL

WAIVER: (PLEASE READ CAREFULLY) In consideration for the acceptance of this entry, I hereby, for myself and my heirs, executors and assigns, and anyone entitled to act on my behalf, release and discharge McDowell County Parks and Recreation, Sponsors, promoters, manager, directors, officials, agents employees and volunteers of the Mountain Glory Challenge in the entry form above from any and all claims of injury or liabilities of any kind, illness or damages suffered by me, as a result of my participation in or traveling to and from this event. I know that running and/or walking a road race is potentially hazardous activity. I should not enter and run or walk unless I am medically able to and properly trained. I agree to abide by any decision of a race official relative to my ability to safely complete the run or walk. I assume all risks associated with running or walking in this event, including, but not limited to, falls contact with other participants, the effect of the weather, traffic and the condition of the road, all such risks being known and appreciated by me. I realize that this is a strenuous event which requires proper physical conditioning. I hereby certify that I am in such physical condition and good health. I also give my permission for the free use of my name and picture in any written account, broadcast or telecast of this event for any legitimate purpose.

SIGNATURE: _____ **DATE:** _____

PARENT'S SIGNATURE (IF MINOR): _____ **DATE:** _____